### <u>"COACHING CAPSULES"</u>

Vol. 39 (October - December 2010) Quotes that deal with sports and life! by Dave Pikel

"Thank you, first and foremost, to all of the men, women, and families of our United States military, past and present. Their unselfish service and sacrifice have allowed us the freedom to safely chase our dreams in this wonderful country and to seek to be winners in the game of life."

-Jim Tressel – Ohio State University (Buckeyes) – Head Football Coach Book - "The Winners Manual (For the Game of Life)" By Jim Tressel (with Chris Fabry) / Tyndale House Publ. / Copyright©2008. / Page xi (Acknowledgments)

# "He understands the rules of engagement... I pray for him to have his best game every game. That's not going to change. He's my son. I want him to have the best game of his career come Sunday... in a loss."

-Gill Byrd – Chicago Bears Assistant Defensive Backs Football Coach (Gill's son plays for the team that the Bears were going to play that week (Buffalo Bills)

Chicago Tribune - November 3, 2010 by Vaughn McClure, Tribune Reporter articles.chicagotribune.com/.../ct-spt-1104-brite-bears-chicago--20101103\_1 \_gill-byrd-bears-newdefensive-scheme

The above quote was sent to me by a recipient of Coaching Capsules – who also wanted Gill's son Jairus Byrd's quote to be included (from the same article). Jairus' quote - *"I set my goals really high and I believe that I can do a lot of things. 'I can do all things through Christ who strengthens me' is what I go by. And I truly believe in that."* 

#### "Don't mess up what you do well."

-Monte Williams – Head Basketball Coach for New Orleans Hornets (NBA) ESPN TV, PTI Interview, 11-10-10.

## "...But those are gone. I've got a short memory. Just like when I was in the third grade... two of the best years of my life!!"

-Bob Green – Recently Retired Head Football Coach – Montana State University ESPN TV, Rome Is Burning – Final Burn (Jim Rome), 11-19-10.

### "Some of your lessons are only learned when they're hard lessons to learn."

-Ted Monken – Head Football Coach – Metea Valley High School Beacon News (newspaper) – 9-2-10,Sports Section – pg. 29.

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